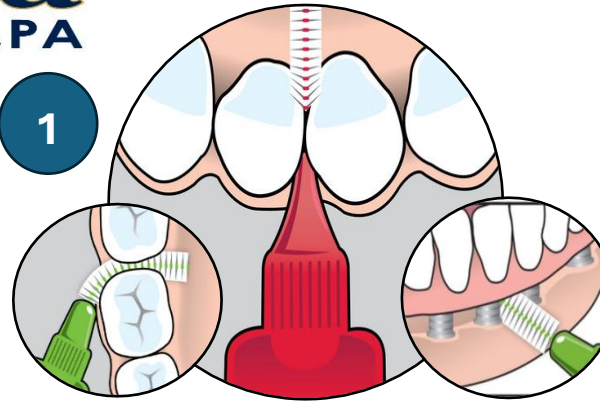


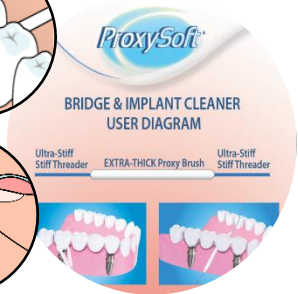
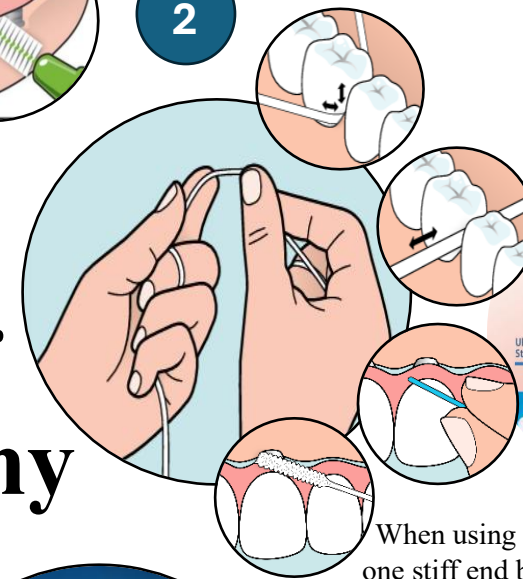
Choose the right size, brush should fit snug (no wiggle room). Insert gently and move the brush back and forth in each space. Change size and curve the neck or wire when needed.

1



Insert floss between two teeth in a horizontal back and forth movement until you feel that you are under the contact area. Wrap the floss in a C shape against each tooth surface, holding it tightly against the tooth. Move floss in an up-and-down motion following the shape of the tooth to remove plaque between the teeth.

2



When using Implant floss, insert one stiff end between the teeth and wrap around, implant or under your prosthesis (bridge or implant retained denture) and move up and down to remove plaque. Gently pull the floss tight and sweep back and forth when cleaning under prosthetic.

3

You have been provided with an Oral B electric toothbrush. This brush will help you to remove plaque thoroughly and keep your gums firm and healthy when used properly. Please brush for **2 minutes twice a day**.

Brush with Clinpro 5000 nightly. Place a pea sized amount on your **DRY** electric brush. Brush for 2 minutes. Spit out and **DO NOT RINSE, LEAVE RESIDUE ON YOUR TEETH AND GO TO BED.**



5 Steps to Keep Your Smile Healthy

To ensure effective cleaning, place the brush head flat against each tooth allowing the round head to cup it and sweep the gumline clean. **GO SLOW!** Pause on each tooth for 2-3 seconds and polish each tooth then move to the next one.

When brushing the insides, roll the brush handle over with your hand and regrip it so that the head is in the same position flat against your teeth.

4



Removes 300% more plaque along the gum line*



Round cleans 100% better than a regular manual brush



SLOW DOWN!!